

Time	Time	Mama	Older Children	Toddlers/Babies
6:00				
7:00				
7:45				
8:30				
9:00				
9:30				
10:00				
11:00				
11:30				
12:00				
12:30				
1:00				
2:00				
2:30				
2:45				
3:30				
4:30				
5:00				
5:30				
6:30				
7:30				
8:00				

